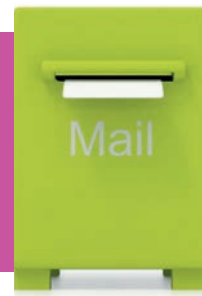


Your

LETTERS

Share your thoughts - we love to hear what's on your mind...



Star letter: Back down to Earth

I have been inspired to write to you after reading an article in your June issue by Deb Hawken titled 'Two 'I's in Vision Board'. I would like to thank you for featuring this article, it has, in so many words, brought me back down to earth with a big bump!

I hate to admit that over the years I have become one of those people that takes everything in life for granted and never have time to stop and think exactly how lucky I am. I have my own business and am always working and not spending enough time with my family or taking any time for myself. I tend to spoil my children giving them most things they want in an attempt to make up for not spending enough time with them.

I never give a thought to buying a take away or eating out just because I don't have time to cook and despite having quite

a selection of clothes to wear, I am always moaning that I need something new to wear to my next meeting. Reading your article has made me realise just how selfish I have been and I have already started creating my own vision board - for the world and not just myself, I might add.

My work now finishes at 5.30pm each day and evenings and weekends are my quality family time. I have cleared out all my wardrobes and taken anything I have not worn in 6 months to charity. I now give thanks every day for my wonderful life and send out thoughts of help from the universe for all those in the world less fortunate than us. I now feel quite embarrassed to think of how selfish I have been in the past. In years to come I would really like to travel with my children to an underdeveloped country so that they are able to put things in perspective and never take for granted the things with which they are blessed. Heres wishing a better world for all. Best wishes, Marny



Storm in a Teacup

I was lucky enough to be selected for a tea leaf reading from Lee Sweeney which was printed in the June issue of High Spirit Magazine.

I have always been curious to know more about tea leaf reading and was really excited after writing to you and then finding out that I had been selected for a phone reading with Lee.

Lee was lovely and explained to me that he would use the tea as a direct clairvoyant link. I was not disappointed. The reading Lee gave me was fantastic

and extremely accurate. The details featured in the magazine were kept short to fit in but there was so much more that Lee told me that was spot on. He mentioned in the reading that he could see my son surrounded by blue water and that he sensed a strong wind.

My son was in the Ascension Islands at the time of the reading so I knew that he was surrounded by water. He did not return home until after the reading was printed and as soon as I saw him I commented on his fantastic sun tan, saying that the weather must have been great. His exact words were, 'Yes mum, it was really hot but the wind was really, really strong' I was gobsmacked because this was exactly what Lee had said but at the time of the reading we had no way of knowing what the weather was like. I never knew there could be so much to see in the bottom of a teacup. Please say thanks to Lee for me and thanks to High Spirit for the opportunity. June Ellis x

Mind Body Spirit

I just wanted to write in and let you know that I met one of your lovely staff members called Stacey at the recent Mind Body and Spirit exhibition in London.

She was absolutely charming with such a wonderful aura and took so much time to speak to me and listen to what I had to say even though she was extremely busy. It is a rare thing these days to find someone so genuine, and passionate about the work they do. I am sure everyone who works at High Spirit is like this too as it reflects in the pages of the magazine.

I have now taken out a subscription to High Spirit and I cannot wait for my next issue. The name High Spirit seems perfect for you.

Keep up the good work.

Love and Blessings to you all, Bailey



NEXT MONTH'S STAR LETTER

will receive a 100ml bottle of Weleda Wild Rose, Pampering Skin Care, Body Lotion. Other letters featured will receive a Complete Relaxation CD - Two high quality hypnotherapy sessions featuring Glenn Harrold's acclaimed hypnosis techniques.

WRITE TO US

If you have something on your mind that you would like to share with us, please write to: Letters, High Spirit Magazine, First Floor, 105 High Street, Brentwood, Essex, CM14 4RR or email: letters@highspiritmagazine.co.uk